

# CANCER SOCIETY OF KASHMIR

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## **BRIEF REPORT ON THE ACTIVITIES OF THE SOCIETY FOR THE PERIOD** **APRIL 2015 TO MARCH 2016**

It gives me immense pleasure to welcome all the members of this society to the 13<sup>th</sup> annual general meeting. The mission of the society is progressing successfully towards its goal. The activities and achievements since previous meeting are detailed below :-

11 monthly meetings of Office-Bearers/Managing Committee were held during this period. Various decisions to improve the working of the society and to activate and expand various activities in the interests of patient care were taken from time to time. Minutes of all the meetings have already been mailed/sent to all the members.

Detailed activities of the society are as under :-

### **MEDICAL ASSISTANCE FOR CANCER PATIENTS**

The society continues to provide free medical assistance to poor deserving and potentially curable patients. During the year 527 patients got benefitted and total amount incurred was Rs 1,28,80,282 . This amount includes the cost of chemotherapies and colostomy bags.

### **FREE MULTI-SPECIALITY ONCOLOGY CLINIC OF THE SOCIETY**

Cancer patients are availing free multi speciality consultation of oncologists in multi speciality oncology clinic on every wednesday & Saturday's. Following oncologists of SKIMS/SMHS hospital attend the clinic.

- |                          |   |
|--------------------------|---|
| 1. Dr Gull Mohammad      | Professor Medical Oncology, SKIMS           |
| 2. Dr. Nazir Ahmad Khan  | Professor Radiation Oncology, SKIMS         |
| 3. Dr. Sajad Geelani     | Add. Professor Clinical Haematology, SKIMS  |
| 4. Dr Malik Tariq Rasool | Astt. Professor Radiation Oncology, SKIMS   |
| 5. Dr Arshid Hussain     | Associate Professor Radiation Oncology SMHS |

The number of patients registered for consultation during 2015-2016 is 579.

### **FACILITIES OF DAY CARE CENTRE**

At present there are 288 patients registered who receive chemotherapies in day care centre. Besides all other cancer patients registered with the society get anti-cancer drugs free of cost which are prescribed by Medical/Radiation/Surgical Oncology doctors on the recommendation of the doctors who examine the patients at the multi-speciality oncology clinic. It is in place to mention it here that till ending March-2016 1655 patients are registered with the society for such assistance

### **FREE PALLIATIVE HOME CARE SERVICES OF THE SOCIETY**

An MOU was signed with pain and palliative services of RCC SKIMS last year..This service was being provided once a week within the municipal limits of Srinagar and has now been extended for three days. During the period under report 270 patients have been provided the facility of Home Palliative Services.The necessary staff of both the institutions goes to see ailing patients in their homes.

### **DIAGNOSTIC FACILITIES OF THE SOCIETY**

The society is providing following diagnostic facilities on No Profit-No Loss basis for general public and free to cancer patients.During this period the following procedures were conducted and the amount receive on this account is Rs 916250/-

<b><u>PROCEDURE</u></b>	
Upper GI Endoscopy	1125
Lower GI Endoscopy (Sigmoidoscopy/Colonoscopy)	482
Bronchoscopy	-
Ultrasonography	1227

## **FREE SCREENING CUM ENDOSCOPY CAMPS**

8 free screening cum endoscopy camps were held at various remote and far flung areas of the valley in collaboration with Primary Health Centres, Sub-District Hospitals and District Hospitals wherein a total 139 patients were endoscoped out of which 02 were found positive for malignancies. The management of the society is highly thankful to the following doctors and para medical staff who attend these camps regularly on voluntary basis:

### **❖ DOCTORS**

- |                              |   |
|------------------------------|---|
| 1. Dr. Mushtaq Ahmad Khan    | Add. Professor, Gastroenterology, SKIMS       |
| 2. Dr. Mohammad Shafi Hakeem | Gastroenterologist, DH, Anantnag              |
| 3. Dr. Shaheen               | Gastroenterologist, SMHS, Srinagar            |
| 4. Dr. Bilal-ur-Rahman       | Gastroenterologist, District Hospital, Budgam |
| 5. Dr. Javid Ahmad           | Sr. Resident Gastroenterology, SKIMS          |
| 6. Dr Zaffar Kawoosa         | Gastroenterologist, SKIMS                     |
| 7. Dr Shabir Ahmad           | Gastroenterologist, SKIMS                     |
| 8. Dr Mashqoor Ahmad         | Gastroenterologist, SKIMS                     |

### **❖ PARA MEDICAL STAFF**

- |                    |                          |
|--------------------|--------------------------|
| 1. Ghulam Nabi Dar | Technical Officer, SKIMS |
| 2. Seema Nabi      | Staff Nurse, CSK         |
| 3. Mushtaq Ahmad   | Sr Technologist CSK      |

❖ The details of camps are as under :-

S. No.	Place	Date	Patients Screened	Patients Endoscoped	Malignancies detected
1.	Mini Maternity Centre Wayul Ganderbal	2/05/2015	61	16	--
2.	District Hospital Budgam	12/05/2015	30	15	--
3.	Dargah-i-Simnania Kulgam	19/05/2015	85	38	--
4.	District Hospital, Budgam	07/07/2015	31	16	02
5.	District Hospital, Budgam	04/08/2015	50	09	--
6.	Urban Block Urban PHC Baramulla	05/09/2015	60	17	--
7.	District Hospital, Budgam	27/10/2015	50	15	--
8.	Sub-District Hospital, D.H Pora	19/12/2015	38	13	--
		<b>TOTAL</b>	585	139	02

## PUBLIC AWARENESS PROGRAMMES

Following public awareness programs have been organised during the period under report in collaboration with RCC and Community medicine of SKIMS with the co-operation of various institutions.

Year	Activity	Venue	Participants
<b>2015</b>			
1 (25-04-2015)	(Breast Screening Programe) In collaboration with State Resource Centre	Theeru at Lar, Ganderbal	1 Dr Fir Afroz (RCC SKIMS) 2 Dr Asifa (RCC SKIMS) 3 Dr Arifa (RCC SKIMS) 4 Shafiqa Bhat (Nurse CSK)
2. (30-05-2015)	-----DO-----	Bannat-ul-Islam College at Lalbazar	-----DO-----
<b><u>3 Event: World no tobacco day 31<sup>st</sup> May</u></b>			
<b>2015</b>	Panel discussion about cancer caused due to smoking	Doordarshan,Srinagar (Good Morning JK)	Dr.Nazir Ahmad Khan (Add. Prof. Radiation Oncology SKIMS)
	-----Do-----	Radio Kashmir Srinagar	Dr Malik Tariq Rasool (Asst Prof. Radiation Oncology SKIMS)
	-----Do-----	Take 1 channel	1. Dr Gull Mohammed (Add Prof. Medical Oncology, SKIMS) 2. A.S Lone (Life member CSK)
	Publication of Posters in leading	Srinagar dailies	Print & Electric Media
	Distribution Of Literature	Srinagar/District Head Quarters	School/College/City/ Centre

Year 2015	Activity	Venue	Participants
4 (24-26/08/2015)	Participation in Public Information Campaign/Jan Soochna Abhiyan by way of display and distribution CSK literature.	Pulwama	CSK Staff
5 (13/10/2015)	Awareness programme about all types of cancers	Boys Degree College Ganderbal	1 Dr Abdul Majeed (H.O.D community medicine)SKIMS 2 Dr Rifat Ara 3 Prof. G.M Untoo 4 Prof.(Dr) G.M Matoo
6 21/10/15	Awareness programme cum breast screening	Sochkral College of Education at Newa	1 Dr N.A Khan (Add Prof Radiation oncology) 2 Dr Shahida Syed(R.D CSK)
7 31-10-2015	Awareness cum breast screening program	Girls H.S.S Kothibagh	1 Prof G.M Untoo 2 Prof Dr Firafoze(RCCSKIMS) 3 Dr Arifa Andleeb(RCCSKIMMS) 4 Dr Asifa Hilal(RCC SKIMS) 5 Miss Ufara Nabi (Co-Ord)

### 8 Event : National Cancer Awareness Day-7<sup>th</sup> November 2015

Year	Activity	Venue	Participants
2015			
a	Panel Discussions about cancer and phone in programme	D.D Kendar Srinagar Good Morning GK	1. Dr N.A Khan (Prof Radiation Oncology)  2. Masood Ahmad Mir (General Secretary CSK)  3. Dr Jaweed Ahmad (Anchor)
b	Panel Discussion and General awareness about cancer	Radio Kashmir Srinagar	1. Prof Dr Mohd Ashraf (RCC SKIMS) 2. Prof M.A Qurishi

### 9 Event : World Cancer Day-4<sup>th</sup> Feb

Year	Activity	Venue	Participants
2016			
a	Panel Discussion and role of CSK	D.D Srinagar Good Morning G.K	Dr Nazir Ahmad Khan (RCC SKIMS) Prof Mushtaq Ahmad Qurishi
b	Panel Discussion and role of CSK	Radio Kashmir Sgr	Dr Arshid Manzoor Najmi (RCC SKIMS) Mr Tariq Abdullah Khawar
c	Awareness programme about cancer	Arizal, Khanshab	Dr Abdul Majid (H.O.D Community Medicine SKIMS) and his team.
d	Publication of Posters in leading dailies	Srinagar	Print & Electric Media
e.	Distribution Of Literature	Srinagar/District Headquarters	At various places in City Centre

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Year	Activity	Venue	Participants
2016			
10-03-2016	Awareness Programme about causes of Cancer due to smoking	DC's Office Kulgam	Dr Abdul Majid (H.O.D Community Medicine SKIMS) and his team.

### DONATIONS

People are donating for the noble cause of society's activities voluntarily throughout the year. This year we have seen a change of drive regarding donations. Online donations to the tune of Rs 10343796 has been received and Rs 11553615 have been received in office. Details of total donations received during the period are as under :

Donations through Office -----Rs 11553614/-  
 Donations Online -----Rs 10343796/-  
 Total Donations -----Rs 21897410/-

Besides cash donations following donations have been received in kind by this society during this period:-

S.No.	Donated Item	Qty	Name of Donor	Remarks
a.	Computer Systems with Printers  Incubator	2 No.  1 No.	Ghulam Qadir R/o : Khanyar	Total Cost RS 100000/-
b.	One Computer System with all accessories	1 No.	Abdul Aziz Wani R/o :Peerbagh	
c.	4 kanals of land along with 3 storey building	---	Is being donated by Mohd Amin Andrabi and his wife.	Documentation Under Process
d.	Rupees 20 Lac in cash  Mamography Machine	1 No	J&K Bank  -----Do-----	Rs 10 lac as revolving fund and 10 lac for anti cancer drugs. Orders for supply of this machine have already been



placed by j&k bank and  
delivery is expected.

### **UPGRADATION OF THE DIAGNOSTIC CENTRE & LAB. INFRASTRUCTURE**

Diagnostic centre has been upgraded by way of purchase of USG machine of high configuration. The clinical lab is also functional w.e.f 26<sup>th</sup> of October 2015. Bio chemistry and haematology analysers with requisite accessories have already been procured. At present following tests are being conducted in this clinical lab at concessional rates for general public and free for cancer patients registered with the society.

<b>S.NO.</b>	<b>NAME OF TEST</b>
01.	GLUCOSE
02.	GTT
03.	URIC ACID
04.	TOTAL BIL
05.	DIRECT BIL
06.	ALP
07.	CHO
08.	TG
09.	HDL
10.	LDL
11.	CREA
12.	UREA
13.	PHOSPHORUS
14.	LDH
15.	GCT
16.	IRON
17.	ALB
18.	AMYLASE
19.	LFT
20.	KFT

21.	LIPIDS
22.	HbA1c
23.	TP(total protein)
24.	CRP
25.	ASO
26.	ANA
27.	HBsAg
28.	HCV
29.	VDRL
30.	HIV
31.	WIDAL
32.	MANTOUX
33.	RF
34.	CBC
35.	HAEMOGRAM
36.	ESR
37.	BLOOD GROUP
38.	PLATELET COUNT
39.	PBF
40.	MALARIAL PARASITE
41.	BT,CT
42.	Hb
43.	PCV
44.	URINE EXAMINATION
45.	GRAVINDEX
46.	MAGNESIUM

## **PARTICIPATION IN CONFERENCE/COLLOBARATIONS**

The society was invited to participate in the following conference outside the state :

1 Workshop on emotional support and annual seminar	15 <sup>th</sup> & 16 <sup>th</sup> (Oct 2015)	Organising by Indian cancer society Delhi-Attended by Masood Ahmad Mir(General Secretary CSK)
1. Can India Conclave	Sunday 8 <sup>th</sup> Nov 2015 (Mumbai)	Mr Masood Ahmad Mir

## **FINANCIAL INTROSPECTION- AUDIT ACCOUNTS REPORT**

The accounts of the society for the financial year ending 2014-2015 have already been audited by the nominated chartered accountants M/s M. Qasim and Co and same have already been approved in the previous annual general meetings. The accounts for 2015-2016 are under compilation and shall be submitted for audit to the nominated chartered accountant soon.

## **FUTURE TARGETS/PENDING ISSUES**

Besides carrying on the existing activities successfully the society has a future target of construction of 50 bedded hospital on the proposed donated land at Umarhair (Ahmadnagar).

## **APPRECIATION/ACKNOWLEDGMENT FOR VOLUNTARY/MISSIONARY SERVICES**

The management of the society is highly thankful to the

1. All well wishers ,donors and other organisations who offered their missionary services to this society.
2. JK bank for their cash donation as well as Mamography machine.
3. All doctors and para medical staff for rendering their services in Diagnostic Centre Of Society.
4. Greater Kashmir and Kashmir Uzma for publishing all the advertisements of CSK free of cost.

### **SPECIAL THANKS**

- Chairman Prof.(Dr)Showkat Ali Zargar for administrative,moral support and guidance.
- Vice-Chairman Prof.(Dr.)Mohammad Maqbool Lone and his team from SKIMS/SMHS for supervising multi-speciality oncology clinic/day care centre and Palliative Home Care Services.
- Dr Owais Ahmad for Palliative Care Service.
- Office Bearers and members of the Managing Committee for their fruitful and healthy suggestions in promoting objectives of their society.

(MASOOD AHMAD MIR)  
GENERAL SECRETARY